



The **Oilfields Curling Club** would like to extend an invitation to our **Junior's Introductory Curling Clinic / Open House**

Curling is a game for life!

It's FUN while it develops critical life skills such as teamwork, respect, strategy, social skills, mental toughness, and adaptability. It also develops physical skills like balance, coordination, flexibility, strength, and fitness.

Date: **Saturday October 26, 2024**

Time: 10:00 AM – 2:30 PM

Audience: Children 7-14 and NEW to curling

Cost: **\$15 - which will be credited towards junior curling registration**

Requirements:

- We require children to have clean shoes with a soft leather grip to go onto the ice.
- A properly fitted helmet that covers the back of the head (ski, bike or hockey) is mandatory for your child's safety.
- We also suggest that children dress in layers for when they are on the ice.

Details: An introduction to the game of curling to learn the basics. Our coaches have been playing for many years and enjoy working with the children. Age-appropriate games and instruction focused on fun and safety while developing your child's life and physical skills. Instruction will be both on ice and in the clubhouse.

Lunch will be provided.

Advance registration is required and will open on Tuesday October 1st. To register online please go to the [Oilfields Curling Club website](http://www.oilfieldscurlingclub.com). We are limiting participation to the first 24 registrants.

Note that you will be required to sign a Curling Canada / Curling Alberta waiver for your child to participate. This waiver is also available on the website.

We hope that your child will enjoy the day and consider registering in our Junior curling league. We'll talk more about the league at the clinic.

Questions can be emailed to oilfieldscjuniors@gmail.com.